

## 1975 Iowa Master Farm Homemakers Guild Inductees

Four outstanding farm women have been named Iowa Master Farm Homemakers for 1975. These women were recognized for their fine work with their families, their homes, and community service. They represent the many women in rural Iowa who make such contributions.

Since the program was started in 1928, over 170 Iowa farm wives have received this award. It is the 35th year that Wal/aces Farmer has sponsored the program.

The Iowa chapter belongs to National Master Farm Homemakers Guild, and is associated with County Women's Council and Associated Women of the World.

Judges for 1975 were: Eleanor Strait, Keosauqua, president of the Iowa Master Farm Homemakers Guild; Margaret Yoder, assistant dean and state leader of home economics programs, Iowa State University; and Joanne Couey, home editor of Wal/aces Farmer.

### Thelma Heflin - IMFH Class of 1975

#### Shelby County

Thelma Heflin, as described by her friends, is a dynamo in community activities. Church, education, politics, history, art, genealogy, communications-you name it and "Toots" Heflin has had a hand in it.

As proof of her love for the past, Mrs. Heflin is helping to bring Shelby County's history up to date for the Bicentennial. She has worked many years with the county historical society.

Mrs. Heflin is the county representative on the Southwest Iowa Tourism Council.

Nearly every church office has been held by Mrs. Heflin. She was a member of the school board for 7 years. Both Heflins have been members of the extension county programming committee. Mrs. Heflin has served on the extension family living committee.

Other activities are Harlan Literary Club, Shelby County Merit Mothers, governor's appointee to Iowa Historical Board. In 1964, she was presented the Harlan Chamber of Commerce Leadership award.

Besides her community work, Mrs. Heflin has a 5-minute morning radio show on station KJAN in Atlantic, called "Travelin' with Toots", and writes a weekly column, "Down on the Farm" for the Harlan newspaper and feature articles.

The Heflins have a grain and livestock farm. Young people from South America, Germany, and Mexico have lived with them. Mr. Heflin shares many of his

### Phyllis Heuer - IMFH Class of 1975

#### Scott County

Phyllis Heuer is a good example of a city girl who made good in the country. After her marriage, this Davenport office girl was convinced there was no better place to live than on a farm. Mrs. Heuer has proved her loyalty to farm life by her active participation in community activities.

Of primary interest was the campaign against inadequate one room country schools in Scott county. Her efforts and those of any others, were rewarded. Reorganization and formation of the North Scott School District was approved by public vote in 1956. A

former PTA president, Mrs. Heuer has just completed her 9th year as school board member and her 3rd year as president.

As a member of the Honie Economics Extension Education Committee, Mrs. Heuer helps program planning. Other community activities include former members of the board of directors of the county Tuberculosis and Health Association and currently member of St. Luke's Hospital auxiliary.

Mrs. Heuer is a dedicated political worker. She has been a delegate to county and state conventions and precinct committee woman.

An outstanding leader in Farm Bureau, Mrs. Heuer has served as county women's chairman and district and chairman of the women's program.

The Heuers are active in the Faith Evangelical Lutheran church at Eldridge.

The Heuers have a grain and livestock farm. Mr. Heuer is active in politics, Farm Bureau, and has served as director of the S/M service board.

Children of the Heuers' are: Candace (Mrs. David) Mortiboy who teaches in Bettendorf, Iowa; and Lance, a sophomore at Iowa State University.

#### Ruth Irwin - IMFH Class of 1975

##### Sac County

Ruth Irwin shares her many hobbies with others. Her family has enjoyed working with many projects such as refinishing furniture, mounting and framing pictures, and adding to collections. They also have special interest in flower gardening and landscaping.

Mrs. Irwin has exhibited her articles of needlepoint and latch hook pelt rugs and has given demonstrations on design and technique. As an estimate, Mrs. Irwin says she has made over 200 and helped to make an additional 300 terrariums and bottle gardens for 4-H clubs, extension groups, women's clubs, rest homes, the county and state fairs.

For 2 years, Mrs. Irwin was Butler-Bremer county extension home economist. She has been active in extension since she moved to the farm. Some of her other activities include Campfire Girls, American Home Economics Association, Iowa State University Home Economics Alumni Association, PEO, and Sac City Women's Club. She is on the Iowa Bicentennial Committee. Mrs. Irwin has taught many adult education classes.

Last year, she helped with the first used book sale with all proceeds going to the Sac City library. The Irwins belong to the United Methodist Church in Sac City. Mrs. Irwin has been active in the Women's organization and with the young people.

The Irwins raise grain and livestock. Mr. Irwin is a former extension director for Buchanan County and belongs to many local and state farm organizations.

The 2 children of the Irwins are: Mary Lee (Mrs. William) Waggoner, therapist for heart patients, who lives in Los Angeles, Calif., and has 2 children; and Edward, marketing director for a bank in Aspen, Colo.

#### Barbara Ostrander - IMFH Class of 1975

##### Winnebago County

Barbara Ostrander knows how to motivate young people, whether it is her own children or those in 4-H or church activities. She is alert to the needs of youth and concerned about the growth and development of the individual. For the past 10 years, Mrs. Ostrander has been active in the county 4-H Club program in a leadership position. She

has served on the county 4-H and Youth Committee for 7 years and is a local 4-H Club leader. Church youth groups are also of special interest to Mrs. Ostrander.

Mrs. Ostrander's concern for the preparation of young people extends to her involvement with the Parent-Teacher Association. Here she served as local president and has held a state office.

Her work on various Farm Bureau committees is notable. Of special interest to her have been safety, politics, and nutrition. For many years, she has promoted nutrition and the use of farm products. She has also encouraged her children along this line.

Mr. and Mrs. Ostrander are members of the Bethlehem Lutheran church at Buffalo Center.

The Ostrandersons have a grain farm. Mr. Ostrander is also active in the community. His special interests are 4-H, Masonic Lodge, FFA, Community Betterment Club, Farm Bureau, Bison Athletic Boosters, and church.

The Ostrandersons have 5 children. Dean is manager of 6, soon to be 10, theaters in Great Falls, Montana.

David teaches and coaches at Iowa Wesleyan in Mt. Pleasant.

Glen is a senior at Wartburg College.

Linda is a freshman at Coe College and Kim attends school at Buffalo Center.